

**Department of Public Health and Human Services**  
**Quality Assurance Division - Licensure Bureau**  
**Child Care Licensing**

**Day Care Facility**  
**SAMPLE - Menu Form**

		DAY / DATE	Monday /	Tuesday /	Wednesday /	Thursday /	Friday /
<b>BREAKFAST</b>	<b>Fluid Milk</b>		MILK	MILK	MILK	MILK	MILK
	<b>Juice or Fruit or Vegetable</b>		ORANGES	PINAPPLE / BANANA	TOMATO JUICE	APPLE SAUCE	GRAPES
	<b>Bread or Cereal or Alternate</b>		ENGLISH MUFFINS	APPLE SAUCE MUFFINS	CEREAL	CINNAMON TOAST	CEREAL
	<b>Additional Foods (optional)</b>		SAUSAGE				
<b>LUNCH / SUPPER</b>	<b>Fluid Milk</b>		MILK	MILK	MILK	MILK	MILK
	<b>Main Dish</b>		CHEESE PIZZA	MACARONI BEEF & CHEESE	HAM & CHEESE SAND	CHICKEN SPAGETTI	HAMBURGER / ROLL
	<b>Meat or Alternative</b>		CHEESE PIZZA / COTTAGE CHEESE	MACARONI & BEEF	HAM & CHEESE SAND	CHICKEN SPAGETTI	HAMBURGER / ROLL
	<b>Juice or Fruit or Vegetable</b>		GREEN SALAD PINAPPLE	FRUIT COCKTAIL	RAW VEGITABLES	FRUIT COCKTAIL PEAS AND CARROTS	CARROT / RAISIN SALAD
	<b>Bread or Alternate</b>		PIZZA	MACARONI & BEEF	HAM & CHEESE SAND	CHICKEN SPAGETTI	HAMBURGER / ROLL
<b>SNACK</b>	<b>Fluid Milk</b>		MILK	JUICE	MILK	APPLE JUICE	JUICE
	<b>Meat or Alternate</b>						
	<b>Juice or Fruit or Vegetable</b>						
	<b>Bread or Cereal or Alternate</b>		GRAHAM CRACKERS	BREADSTICKS	PUMPKIN COOKIES	BRAN MUFFINS	ANIMAL CRACKERS YOGURT